

You thought you knew him - from Roseanne, movies like True Lies, and now his hot seat hosting Fox Sports hit show The Best Damn Sports Show Period. But the face he puts forth on camera is a mere part of the true Tom Arnold - also known for deciding one night in his early 20s to streak through his small Iowa town. Young Tom didnt think it was such a blast by the end of the evening, though, when he ended up naked in the drunk tank, forced to call in sick to his job at Hormel, where his duties included pulling fat off hog ribs and shooting in the head pigs that couldnt make it up the electrocution conveyor. When his boss found out why he had really missed work, Tom got fired, leading his grandmother to remark, thats a shame. That was the best job youll ever have. Fortunately, grandmom was wrong and Tom went on to better jobs, among them roles in the movies Hero, Nine Months and Austin Powers: International Man of Mystery. He has had his own 3-part HBO special, Tom Arnold: The Naked Truth, was a writer, actor and executive producer of the acclaimed show Roseanne, and starred in 3 television shows of his own, The Jackie Thomas Show, Tom, and The Tom Show. From his midwest upbringing to his early days in comedy clubs to his successes and failures in love and Hollywood, Tom is by turns endearingly self-deprecating and brutally honest about his past. Cocaine addiction, weight problems, and his most famous relationship merit full disclosure in what is THE BEST DAMN AUTOBIOGRAPHY PERIOD!

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9780312322441: How I Lost 5 Pounds in 6 Years: An Autobiography How I Lost 5 Pounds in 6 Years: An Autobiography. New York: St. Martins Press, 2002. Lois: George Lois, interview by Les Simpson, TimeOut New York, issue **How I Lost 5 Pounds in 6 Years: An Autobiography** - You thought you knew him - from Roseanne, movies like True Lies, and now his hot seat hosting Fox Sports hit show The Best Damn Sports Show Period. **Success: Advice for Achieving Your Goals from Remarkably - Google Books Result** Jan 27, 2003 Picks and Pans Review: How I Lost 5 Pounds in 6 Years Yet hes also perfectly charming in his hilarious and oddly insightful autobiography. **How I Lost 5 Pounds in 6 Years: An Autobiography by Thomas** **Images for How I Lost 5 Pounds in 6 Years: An Autobiography** How I Lost 5 Pounds in 6 Years has 62 ratings and 12 reviews. Giddy said: I never really thought about Tom Arnold I knew he was a writer and an actor **Indianapolis Monthly - Google Books Result** If one goes by Strauss and Howes birth years, the last U.S. member of the Lost Generation to live was Susannah Mushatt Jones, who was born on July 6, 1899 **How I Lost 5 Pounds In 6 Years: An Autobiography - SalamZone** Jared Scott Fogle (born August 23, 1977), also known as the Subway Guy, is a former American spokesperson for Subway restaurants. After his significant weight loss attributed to eating Subway sandwiches, 5 Legal history 6 References 7 External links While following this diet, he lost over 200 pounds (91 kg). **How I Lost 5 Pounds in 6 Years: An Autobiography** - Author: Tom Arnold Publisher: St. Martins Press. Condition: New! Binding: Hardcover Publish date. eBay! **NEW - How I Lost 5 Pounds in 6 Years: An Autobiography by Tom** Nov 1, 2003 The Paperback of the How I Lost 5 Pounds in 6 Years: An Autobiography by Tom Arnold at Barnes & Noble. FREE Shipping on \$25 or more! **How I Lost 5 Pounds in 6 Years: An Autobiography - Google Books** Find great deals for How I Lost 5 Pounds in 6 Years : An Autobiography by Tom Arnold (2003, Paperback, Revised). Shop with confidence on eBay! **How I Lost 5 Pounds in 6 Years: An Autobiography - How I Lost 5 Pounds in 6 Years:**

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